

## **Basic information :**

Name of the organization: Fachklinik Heiligenfeld GmbH

Foundation year:1990

Founders: Dr. Joachim Galuska (Medical Director), Fritz Lang (Commercial Director)

Number of employees: 210

Branch: public health - Clinic for Psychosomatic Medicine / Psychotherapy and psychiatric rehabilitation

Germany- 97688 Bad Kissingen- Euerdorfer street 4-6

[www.heiligenfeld.de](http://www.heiligenfeld.de)

[www.heiligenfeld.com](http://www.heiligenfeld.com)

[www.akademie-heiligenfeld.de](http://www.akademie-heiligenfeld.de)

## **Contact-Information:**

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## **Short-description of our organization:**

In the following message you find a translated version of information about our clinic.

a) The philosophy of our organization suits all principles and doctrines of different religions and religious conceptions. Our understanding of spirituality includes all attitude values which exist within other religions. The religious background of our patients and employees dose not play any role within the admission and employment procedures. Since this basic attitude of our organization becomes transparent, all of our patients get a clear concept about our therapeutic work and about its leadership. Different perspectives and views get discussed in an open dialog. All of our patients and employees can take part on the meditations of different cultures and religions. We also invite persons of different religions and cultures to take part on our lectures, congresses and activities. In our relation to religion, we hold to equality and to the multi-perspective principles.

b) Heiligenfeld was the first clinic in Germany who made spirituality, values-orientation and the questions of sense to be central concepts within therapeutic work. The management of the clinic has tried since its foundation to integrate spirituality, economic efficiency and quality . Sickness insurance funds and public institutions have criticized us and our work principles. Since the beginning, we have reached outstanding and good therapeutic results, particularly for those patients who looked for this kind of therapy. These results are based upon our efficient management and upon our concept of therapy which relates the spiritual dimension. Our clinic is nowadays a successful middle-class concern who reflects its aspects through the following points:

- Therapy concept
- Our holistic therapy concept which integrates the physical, rational and spiritual aspects of human being has approved its efficiency
- Scientific character: scientific measures have approved both of our therapeutic intensity and an outstanding therapy efficiency.

- Modern management and quality management: Heiligenfeld belongs to the first rehabilitation clinics which have a certification of Total quality management. This is the indication of an effective integration of spirituality, transparency and quality.
- Organization development: in spite of the competitive trade within the health branch in the last years, Heiligenfeld was able to expand and develop itself further. The number of patients has reached its double since 2000. the number of employees has also raised and 2004 was the most profitable year.
- Image: Heiligenfeld has become an example for economic efficiency, quality and spirituality among experts and among the community.

These are some of the methods, processes and activities of our clinic:

- Meditation activities for our employees and patients (every day)
- Ecology: our energy supply is provided according to ecological standards. The building of the clinic was also founded according to the ecological and optimal energy use standards.
- The kitchen: our kitchen is certified with the quality mark for diet and integrated food by the GDU Quality Community in Germany.
- Patient inquiry: the criterions of the inquiry are: therapy results, satisfaction with the therapeutic offers, realization of the organization vision, the experienced spirituality in the organization, empathy and ethics. The results are 1,3 to 1.8 in the last years.
- Employee inquiry: the criterions of the inquiry are: credibility of the management, fairness, self realization on place of work, experienced spirituality.
- Heiligenfeld gets more than 100 letters of thanks and appreciate (in the year) from patients and doctors for the quality of therapy and the spirit of the clinic.

### **Social engagement:**

The organization is engaged with the following fields: Founding a donation: "Stiftung Heiligenfeld e.V."

1. Financial support for needy patients.
2. hospital construction in Sri Lanka.
3. health promotion in the schools of the area.

### **Heiligenfeld academy:**

The academy of Heiligenfeld organizes different congresses and lectures which handle the thematic of spirituality within psychotherapy, medicine and economy. it considered to be a respectful and successful organizer.

- 1994: Psychotherapy and Spirituality (600 participants)
- 2001: Values in Public Health (250 part.)
- 2002: Spiritual and transpersonal Dimensions of Psychotherapy (800 part.)
- 2003: Spiritual and transpersonal Dimensions in Business (500 part.)
- 2005: Psychotherapy of Consciousness (1150 part.)

### **Benchmarking:**

Heiligenfeld takes part on different competitive-trades in order to expose itself to different external evaluators. It belonged 2004 to the "Best employers in Germany"

## **Total Quality Management**

Heiligenfeld is certified in quality Management by "IQMP"

## **Partners of Cooperation**

Our cooperationpartners are:

Lassalle-Institut - [www.lassalle-institut.org](http://www.lassalle-institut.org)

Club of Budapest - [www.clubofbudapest.org](http://www.clubofbudapest.org)

Fairness-Stiftung: [www.fairness.stiftung.de](http://www.fairness.stiftung.de)

Willigis Jäger: [www.benediktushof-holzkirchen.de](http://www.benediktushof-holzkirchen.de)

## **Religiousness and spirituality**

The organization vision / by Joachim Galuska

I would like to begin this subject with a definition of my understanding of spirituality: spirituality is the conscious experienced relation to the other world. Spirituality means therefore to go beyond this world –transcendence- and to experience it however it might be constructed or when it even not constructed; for example, through experiencing God or through experiencing the Unknown. I consider religiousness as the general relation to the other world and the imagination of believing in God . Religiousness is based upon the conception of this world and the world beyond. It brings our world in relation with the heaven and the hell which belong to the other world. Religions become institutionalized through believer-communities and get constructed and transmitted through religious rituals. Spirituality is so far a further development of religiousness. It makes it be consciously experienced through the conception of the other world and this world. Spiritual routes describe in some way the methods and steps towards this experience. The conscious experience of the other world depends thus on the original religion and its spiritual route. It can then be called the experience of God, of Brahmans, of Tao or of the absolute. In our modern time we also have a direct and religious free way to our consciousness which enable us to experience the unknown. It based on one rational and personal self reflection ability which enable us to go beyond our consciousness in a trans-rational and a transpersonal way. The conception of this world and the world beyond get then experienced in all these spiritual routes and lately exceeded and disbanded in the nondualic consciousness. This experience can be described as "Emptiness is form and form is emptiness", or as "creator and creation are one unity"; also as the experience of the moment as an expression and reflection of the unknown which became a sense of absolute reality.

## Overview

Heiligenfeld Clinic is a place of health and humanity. This place offers an integrative healing' process with the focus on an attentive and respectful interpersonal human relations. We do our best to reach the effective results of therapy, health advancement and healing development. Our holistic concept integrates humanistic and spiritual values with economical and quality based principles. Our goal is to create profits for our concern, for each of our employees, for our patients and customers and to contribute to a more honorable and healthy life.

Our therapeutic and organization principles were tailored to meet the interests of our patients, our institution, our employees, the community and to reflect the following basic ideas:

- We promote holistic development and growth

Our clinical work lies in promoting the holistic development of the individual, the concern and the community. Our contribution aims the integration between the polarities and duality of human existence and to allow individuals to connect their expressions with the world and to adjust themselves on a higher and universal existence level.

- Life with self-determination and responsibility

The related self-determination and responsibility are for us essential basic values... through responsibility, we form our life, our relationship and our environment.

- We consider the meaning of humanity and entrepreneurial behavior.

The existential matter of our human existence and the enhancement of evolution are basic principles of our therapeutic work, our entrepreneurial behavior and our engagement in the community.

- We create a particular life- and experience space

Our clinic represents a place of healing and humanity. It creates internal experience spaces and promotes interpersonal relations. The architectural arrangement of the

clinic rooms suits the needs of individuals and offer them safety, security, communication possibilities , quietness and contemplation.

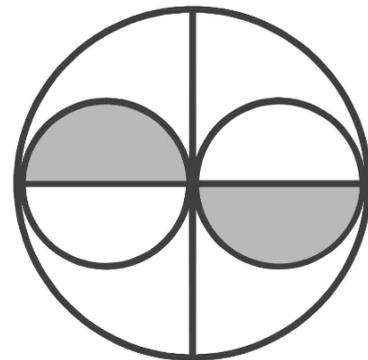
- We offer economical efficiency and quality

Our sense of responsibility obligates us to offer the best economical efficiency and quality towards our patients, customers and all individuals who are engaged with our work.

- Vision and reality

We accept the challenges of the tension field of our holistic work. Our internal vision is supported from the heart and the anchoring of human existence. We practice our work modestly and with appreciation towards human existence, our culture, form, time , the community and its compulsions and of the demands of daily life. The tension field of our work let us recognize and feel our duty and to consider our self as part of the Whole.

We understand our contribution as a complementary process to the evolution.



### The clinic symbol

The clinic symbol consists of three elements :

- an external surrounded circle,
- a circle containing a cross, and
- two other small circles which go through the horizontal axis of the cross and are on one side clear and dark on the other.

The **large circle** serves as a symbol of integrity and unity – as an indication of universality and absolutism. It gives all other forms their own place and integrates all its belonging elements, contrasts, tensions and movements. This symbol indicates like the taoistic Yin-Yang- symbol to the unity and integrity and to the originality which is the source of many appearances and of many contrasts. The circle movement could also remark to the fact, that development processes do not proceed only in a linear way , but also in a cyclopean form. On the other hand, it could also be understood as the projection of a spiral movement on the two dimensional surface. At the same time, it represents like a Mandala the higher universal aspects of the self. According to Christianity, it could be considered as a symbol of God.

The **cross** is a fundamental symbol of human existence. The vertical axis connects the earth-which is the place of human existence with the Material- which is the reason of human existence and with the sky- which is the symbol of human hopes and the sign of spirituality and consciousness. The earth, on the bottom side of the cross represents in this way the Material and the unconscious level of human existence. The upper part of the vertical line- the sky. relates to the spiritual and conscious dimensions of that existence. The horizontal axis represents the unity between human

being with the world and with other human being. It could be considered as human arms and hands which enable the individual to be creative and productive and as a sign of unity with the world and with other human beings. It represents also the challenges of the human being and his ability to act and to answer the matters of life. The tension-point exists and is represented in the middle of the cross. This middle is the place where the human being exists and from where he is acting as a person to realize and unite the challenges of sky and earth, of the conscious and the unconscious and of body and spirit.

The human tension field of self-existence finds its fulfillment just when it relates itself to the wholeness, to the surrounded circle. The human existence as self-existence is embodied through this wholeness.

### **The circle and the center of the cross**

the circle and the cross center have thus a complementary relationship. They symbolize also the present cultural relationship between occidental and eastern religions, philosophies and methods. The two black-white small circles represent the polarity of the secular being, particularly of human being's existence. The polarity between light and shadow, brightness and darkness, conscious and unconscious creates a fundamental tension field in human life. From this field emerge human development, movement and creativity. This middle level is the same level of human consciousness and the level of human heart and soul. It is the challenge of human psyche in order to develop, understand and to penetrate itself. The typical human polarities such as conscious and unconscious, life and death, body and soul, pleasure and dislike, good and bad, male and female, intellect and feeling must get in balance and brought to harmony.

The whole symbol could also be understood as a division of three human elements: the bottom represents the anchoring of the body in the material, the middle reflects the spiritual and typical level of human being and last the upper part which reflects the conscious and immaterial level of human existence. The whole symbol resembles a 90 degree turned Yin-Yang symbol which represents also the unity of contrasts. Both of internal circles could also be seen as a turned 8 which represents the structure of permanent movement and existence development.

**From Hans Kreis, external Coach, on 28, April 2005.**

As a well experienced advisor on the health and welfare sector, I do have a deep and large view of the work of national and international organizations. Within this sector, I do notice that some clinics are moving a way from the needs of humanity. According to my view, they are swimming against the stream and get themselves a way from the real healing concept. At this point we are close to the concept of spirituality.

For some years I have been watching the Heiligenfeld concern group and realize its effective and professional management on one side and its integrated spirituality on the other side.

Up to my mind- Heiligenfeld is the only organization who allows to experience spirituality within all fields. When we consider our act as the "hand of God"- Heiligenfeld is then the place where we can realize and experience divinity. Heiligenfeld is also the place of spirituality freedom and fulfillment of God. when God order us to find a place of healing, Heiligenfeld will be the best place to practice and live this order. When we have to experience the powerful dimension of God, Heiligenfeld will be the best place to get the experience of God.

This deep and conscious relationship to God is reflected through Heiligenfeld and its way of treating human being not as patients, but as human being and without any consideration of their function, status or consciousness. Heiligenfeld is the most successful concern that I know, since it integrates spirituality and business in an effective and useful way. The different congresses, lectures and publication of Heiligenfeld are the witness of its efficiency and to its contribution in the community. The management of Heiligenfeld has succeeded to transfer its glory in the community and deserves to be the owner of this award.

With deep pleasure  
Hans Kreis

**Our goals:**

The most important goals of our organization could be classified as follows:

- Our organization philosophy is aiming the realization of humanitarian and spiritual principles and values of all our patients, employees and the world.
- In the view of patients treatment, we are striving for a high quality, a high treatment efficiency and the satisfaction of our patients.
- The good cooperative work with the cost-units and the responsible physicians should be constantly achieved and developed.
- Our economic perspective seeks efficiency, profit and business security.