



EDUCATING FOR MORAL CLARITY AND CHARACTER: DEEPENING COMPASSION BY UNDERSTANDING WORLD VIEWS

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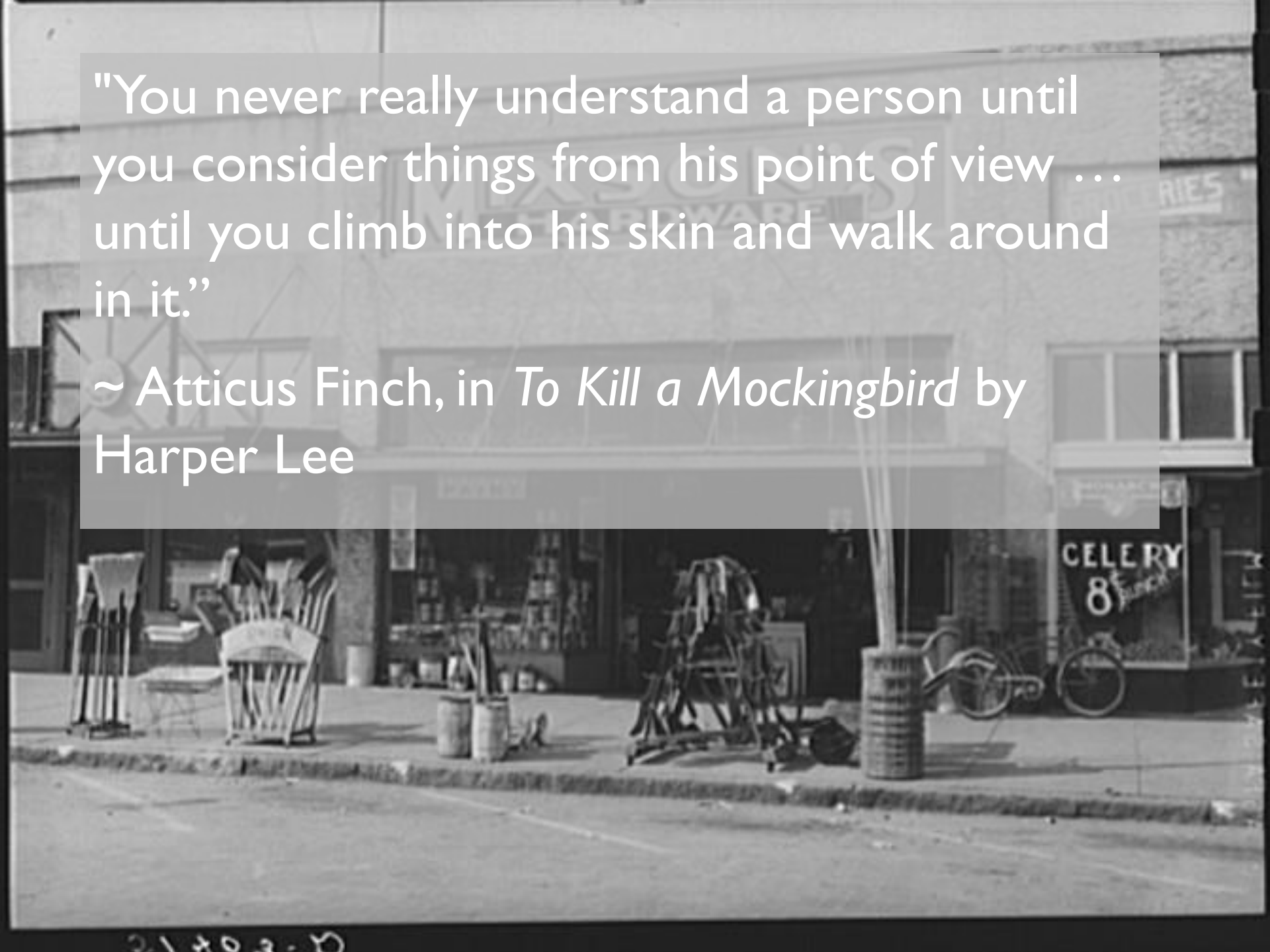
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WORLD VIEW SELF-AWARENESS EXERCISE

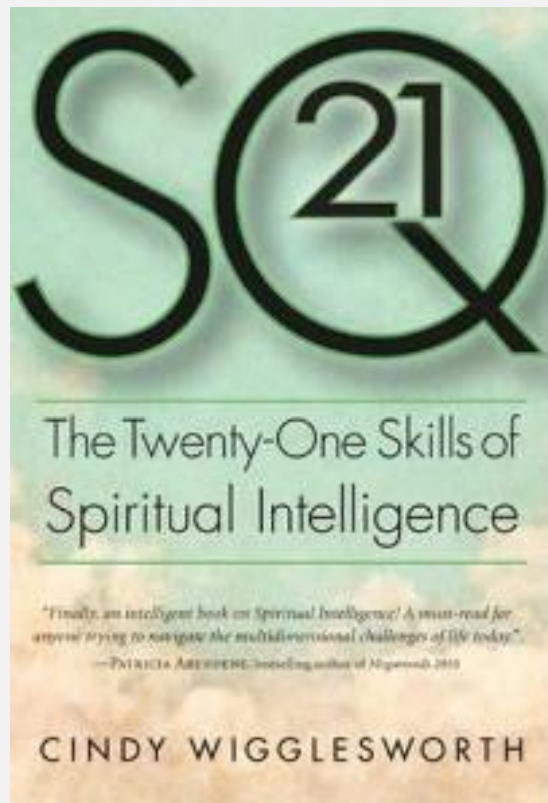


"You never really understand a person until you consider things from his point of view ... until you climb into his skin and walk around in it."

~ Atticus Finch, in *To Kill a Mockingbird* by Harper Lee



INTRODUCTION: SPIRITUAL INTELLIGENCE AND SKILLS RELATED TO WORLD VIEWS



“A worldview is made up of what we believe is 'right' or 'wrong,' how we think things 'should be,' and what we think is true and false.”

~ Cindy Wigglesworth



DEEP CHANGE DEFINITION OF SPIRITUAL INTELLIGENCE

“Spiritual Intelligence is the ability to behave with **Wisdom** and **Compassion** while maintaining inner and outer **Peace** (Equanimity) regardless of the situation.”

Cindy Wigglesworth

It reflects an increasingly stable connection to "something bigger than us" that translates into the world of behaviors, habits, and attitudes.

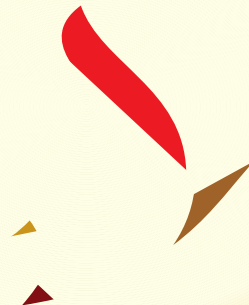
SPIRITUAL INTELLIGENCE & “LOVE ONE ANOTHER”

Spiritual intelligence is acting with Love...

Love is a Bird with two wings

Wisdom

Compassion



DEEP CHANGE MODEL OF SQ21

Self / self focused

Other focused

**What You See -
Inner World**

Self / self Awareness



Universal Awareness



**What Other People
See - Outer World**

Self/self Mastery



Social Mastery/Spiritual Presence



This Model of SQ is the intellectual property of Deep Change, Inc..

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A satellite image of Earth from space, showing the Western Hemisphere. South America is prominently featured in the center, with its green landmass and surrounding blue oceans. White clouds are scattered across the scene, particularly over the Atlantic and Pacific. The curvature of the Earth is visible at the top and bottom edges.

WHAT INFLUENCES ONE'S
WORLDVIEW?

WHAT INFLUENCES ONE'S WORLDVIEW?

Religious Belief System

**Cultures: family,
ethnic, nationality,
organizational**

Historical Context

**Psychology/
Personality**

Life Events

Physiology

**Socio-economic
experiences**

**Identity: gender, race,
ethnicity, sexual
orientation**



WHAT INFLUENCES ONE'S WORLDVIEW?



**Cultures: family,
ethnic, nationality,
organizational**

Culture:

Conscious/Objective Culture – Experienced through the five senses: from our music, art, TV, movies, architecture, jewelry, clothing, books, food, family traditions

Unconscious/Implicit Culture Beliefs – Unseen and mostly unspoken: Values, Beliefs, Patterns of Behavior, Group and Organization Norms



SKILL 1: AWARENESS OF ONE'S OWN WORLDVIEW

1	I can effectively describe my own belief system
2	I am aware that my own worldview is not the only legitimate worldview
3	I am able to see with humor and compassion both the need for a worldview and the inherent limitations of any worldview
4	I am profoundly humble and nonattached about most personal beliefs - while at same time I believe there are spiritual laws or universal truths
5	I am calm and nonjudgmental, courageous and centered, loving and timeless. Most people find me to be a reassuring presence who is not imposing any beliefs

AWARENESS ANOTHER'S WORLD VIEW EXERCISE





SKILL 7: AWARENESS OF OTHER'S WORLDVIEWS

1	I listen to differing points of view, even when they oppose mine.
2	I seek opportunities to learn about and understand other points of view. (I am a perpetual student of worldviews with no Ego in it)
3	I understand other people's points of view and "tune into" their feelings even during a conflict. I want to understand their thoughts AND their feelings.
4	I have compassion for the hopes and fears that we all share, regardless of our worldviews. I can demonstrate to people that I understand their feelings. I have chosen a worldview from which to operate from among the many options I now understand.
5	When I learn a better way of looking at things I revise my own worldview. Through compassionate understanding I can put myself inside the worldview of anyone – including murderers and terrorists. Other people feel that I really do understand their point of view.

THOUGHT EXPERIMENT



STRING QUARTET REHEARSAL TECHNIQUES

THE ABILITY TO SHIFT PERSPECTIVE

- I. Switch Seats**
- II. Play with backs to each other**
- III. Stand and play – 4 corners**



Photo: Nikolaj Lund

The Danish String Quartet



Leipzig String Quartet



Orion String Quartet

CONCLUSION





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